

Service Area 5



Cities

Bel Air
Beverly Hills
Brentwood
Culver City
Ladera Heights
Los Angeles
Malibu
Marina del Rey
Mar Vista
Palms
Playa del Rey
Santa Monica
Venice
Westchester
West Los Angeles
Westwood

Los Angeles County Board of Supervisors



Hilda Solis
First District

Mark Ridley-Thomas
Second District

Sheila Kuehl
Third District

Don Knabe
Fourth District

Michael D. Antonovich
Fifth District

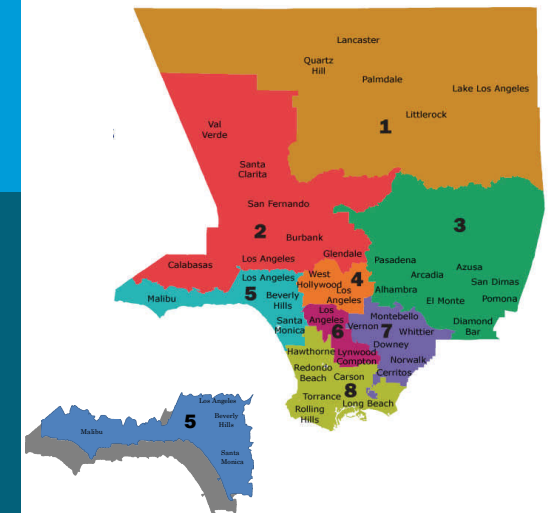
Sachi A. Hamai
Chief Executive Officer

Los Angeles County Department of Mental Health
West Los Angeles Geographic Area Administrative office
11303 West Washington Boulevard, Los Angeles, CA 90066
(310) 482-6600

<http://dmh.lacounty.gov>



Service Area 5 Advisory Committee (West LA)



Robin Kay, Ph.D.
Acting Director

District Chief of Service Area 5
Jacquelyn Wilcoxon, L.C.S.W.

What is Service Area Advisory Committee (SAAC)

SAACs seek to involve the widest possible array of consumers, providers, family members, government representatives and interested citizens to share in the mission of the Department: *“to enrich lives through partnerships designed to strengthen the community’s capacity to support recovery and resiliency”*.

The SAACs began as the Regional Community Liaison Committees (RCLC) on October 27, 1978. In 1985 the RCLCs were transformed into the eight LA County SAACs and charged with four primary functions:

- A local planning body to partner and gather community input, analyze information, prioritize programs, and integrate services tailored to the Service Area (SA)
- An advisory body to provide DMH with ongoing feedback on existing or proposed programs
- An information body to provide DMH with a vehicle to support and assist with the coordination of mental health programs and services within the SA
- A networking and advocacy body

How you can help

Attend meetings: It has been said, “the world is run by those who show up.” Showing up makes all the difference in the world. It tells those in power that people care, that people are watching, and that there are other perspectives and voices that need to be heard. The SAAC 5 meetings are held on the fourth Tuesday of each month from 3:00PM-5:00PM. The meetings are held at various sites within the Service Area.

Please call (310) 482-6600 to confirm date, time and location.

Learn How The System Works: Human beings, living in large complex societies, have created large, structured ways of accomplishing mutually agreed upon goals. These “systems” are the means by which groups come together, make a decision, and move forward.

Volunteer: Offer to roll up your sleeves and work. Help out in any way that you can. You will make a difference. Volunteering is one significant way to become a leading advocate.

Write Letters: One letter does carry weight. It is always of value. Letters and emails sent to politicians are carefully counted and analyzed as indicators of prevailing opinion.

Build Relationships and Make Allies. By working hard to find common ground in our shared humanity, relationships will grow and allies will be arrayed along a broad spectrum.

“Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.”

– Margaret Mead

Become an Advocate for Mental Health in your community

SAAC members are advocates in the fullest sense of the word. We speak on behalf of those unheard by the powers of society, bringing their cause and their plight into the light of day so that justice may be done. We continually speak up for those suffering from mental illness and for their families, promoting for more and better mental health services as well as the distribution of those services across the vastness of Los Angeles County.

SAAC members are part of a continuous feedback loop of information being shared with individuals, organizations, and systems so that services are efficient and effective, never being allowed to grow out of touch or ineffective.

Become Involved!

Please call (310) 482-6600 for more Information.

Service Area 5 Advisory Committee Co-Chairs:

**Karen Macedonio
Anna Henderson
Penny Mehra**